

CLASS SCHEDULE: 2023-2024 School Year

Studio A

Monday

10:00-10:45am	Combo Class B - Ballet/Tap	(JM)
4:30-5:30	Ballet Level 6*	(SR)
5:30-6:30	Ballet Level 5*	(SR)
6:30-7:30	Ballet Level 3	(JM)
7:30-8:30	Jazz Level 3/4	(JM)

Tuesday

4:30-5:30	Ballet Level 4*	(SR)
5:30-6:30	Ballet Level 5*	(SR)
6:30-7:30	Pointe*	(SR)
7:30-8:30	Jazz Level 6	(JM)

Wednesday

9:30-10:15am	Combo Class C "Mommy & Me"	(JM)
10:15-11:00am	Combo Class A/B - Hip Hop/Jazz (W)	(JM)
3:45-4:30	Combo Class A - Ballet/Tap	(AT)
4:30-5:30	Ballet Level 6*	(SR)
5:30-6:30	Ballet Level 4 / Pre-Pointe*	(SR)
6:30-7:30	Lyrical/Contemporary Level 4/5	(AT)
7:30-8:30	Lyrical/Contemporary Level 6	(AT)
8:30-9:30	Adult Musical Theater Dance - Beg/Int	(AT)

Thursday

10:00-10:45am	Combo Class A/B - Hip Hop/Jazz (Th)	(AT)
10:45-11:30am	Tumbling Class - Beg. (Age 3-5)	(AT)
4:30-5:30	Ballet/Jazz Level 1/2 (b)	(JM)
5:30-6:30	Ballet/Jazz Level 2*	(JM)
6:30-7:30	Hip Hop Level 5/6	(JM)
7:30-8:30	Jazz Level 5	(JM)

Friday

4:00-4:30	Competition Company Rehearsals
4:30-8:00	Competition Company Rehearsals

Saturday

9:15-10:15am	Acro Class - Beg./Int. (level 1-3)	(DW)
10:15-3:30	Performance Company Rehearsals	(SR)

Studio B

Monday

4:30-5:30	Ballet/Jazz Level 1	(JM)
5:30-6:30	Ballet/Jazz Level 1/2 (a)*	(JM)
6:30-7:30	Beginning Pointe*	(SR)
7:30-8:30		

Tuesday

4:30-5:30	Hip Hop/Tap Level 1/2	(JM)
5:30-6:30	Hip Hop/Tap Level 3 (with 2a)	(JM)
6:30-7:30	Hip Hop Level 3/4	(JM)
7:30-8:30		

Wednesday

4:30-5:30	Lyrical/Contemporary Level 2/3	(AT)
5:30-6:30	Hip Hop/Tap Level 2*	(JM)
6:30-7:30	Tap Level 5/6	(JM)
7:30-8:30	Adult Tap - Beg/Int	(JM)

Thursday

4:30-5:30	Acro Class - Intermediate (level 2-3)	(DW)
5:30-6:30	Acro Class - Int/Adv (lv 3-6)	(DW)
6:30-7:30	Tap Level 4/5	(DW)
7:30-8:30	Adult Ballet - Beg/Int	(DW)

Friday

4:00-4:30	Training (Stretch/Strength, Leaps/Turns)	(JM)
4:30-8:00	Competition Company Rehearsals	
TBA	Specialty Workshop (rotating master classes)	

Saturday

10:15-11:00am	Combo Class A/B - Ballet/Tap (Sat)	(AT)
11:00-3:30	Performance Company Rehearsals	(SR)

LEVELS: Class levels are based on a combination of age and ability.

Please note that dancers will be evaluated over the 1st few weeks of classes to ensure proper level placement, so adjustments can be made if necessary.

<u>Class Levels 2023 - 2024:</u>		
<u>Level:</u>	<u>Age:</u>	<u>Grade:</u>
Combo C:	Age 15month-3yrs	"Mommy & Me"
Combo B:	Age 3-4	
Combo A:	Age 4-5	(Grade: PreK)
1:	Age 5-7	(Grade: K, 1st)
2:	Age 6-8	(Grade: 1st, 2nd)
3:	Age 8-11	(Grade: 3rd, 4th, 5th)
4:	Age 10-14	(Grade: 5th, 6th, 7th, 8th)
5:	Age 12-17	(Grade: 7th, 8th, 9th, 10th, 11th)
6:	Age 14-18	(Grade: 9th, 10th, 11th, 12th)
Teen Beg:	Age 11 & Up	(for beginning level class)
Adult:	Age 18 & Up	

*Ballet/Jazz 1/2(a): Dancers who are age 5 should have at least 1 year of a previous Ballet Class to enroll in this class. Dancers new to ballet/jazz should enroll in the Level 1 or 1/2(b) class.

*Ballet/Jazz 2: Level 2 dancers age 6-8 should have previous ballet/jazz experience to enroll in this class. Level 2 dancers who are new to ballet/jazz should enroll in a Level 1/2 class.

*Hip Hop/Tap 2: Dancers should have 1 previous year of a Hip Hop/Tap 1/2 class to enroll in this class. Dancers new to Hip Hop/Tap should enroll in the Hip Hop/Tap 1/2 class.

*Ballet 4-6: Dancers must enroll in and attend Ballet Classes twice a week to enroll in these classes.

*Beg. Pointe/Pointe: Ballet Classes twice a week and Teacher Approval is required to enroll in these classes

ZOOM INFORMATION (for attending class virtually online):

Z1 - "Meeting Number": 444-117-7196

Z2 - "Meeting Number": 998-179-3244

Passwords: Please email the studio at larochedance@outlook.com to receive the password.

**Zoom is only open when a student is attending that particular class on zoom,*

Classes we are looking at adding!:

*Additional Adult Dance & Fitness Classes (Ballet, Tap, & Musical Theater have begun!)

See the Adult Class Page for more details

*Broadway Classes: Vocal/Singing, Acting, & Musical Theater - Dance/Singing Classes

We plan to start with a Master Class Workshop this Fall!

***Please email us if you would be interested in any of these new classes!**

