

# CLASS SCHEDULE: 2023-2024 School Year

## Studio A

## Studio B

### Monday

10:00-10:45am	Combo Class B - Ballet/Tap	(DW)
4:30-5:30	Ballet Level 6*	(SR)
5:30-6:30	Ballet Level 5*	(SR)
6:30-7:30	Ballet Level 3	(JM)
7:30-8:30	Jazz Level 3/4	(JM)

### Monday

4:30-5:30	Ballet/Jazz Level 1	(DW)
5:30-6:30	Ballet/Jazz Level 1/2 (a)*	(DW)
6:30-7:30	Beginning Pointe*	(SR)
7:30-8:30		

### Tuesday

4:30-5:30	Ballet Level 4*	(SR)
5:30-6:30	Ballet Level 5*	(SR)
6:30-7:30	Pointe*	(SR)
7:30-8:30	Jazz Level 6	(JM)

### Tuesday

4:30-5:30	Hip Hop/Tap Level 1/2	(JM)
5:30-6:30	Hip Hop/Tap Level 3 (with 2a)	(JM)
6:30-7:30	Hip Hop Level 3/4	(JM)
7:30-8:30		

### Wednesday

9:30-10:15am	Combo Class C "Mommy & Me"	(JM)
10:15-11:00am	Combo Class A/B - Hip Hop/Jazz (W)	(JM)
3:45-4:30	Combo Class A - Ballet/Tap	(AT)
4:30-5:30	Ballet Level 6*	(SR)
5:30-6:30	Ballet Level 4 / Pre-Pointe*	(SR)
6:30-7:30	Lyrical/Contemporary Level 4/5	(AT)
7:30-8:30	Lyrical/Contemporary Level 6	(AT)
8:30-9:30	Adult Musical Theater Dance - Beg/Int	(AT)

### Wednesday

4:30-5:30	Lyrical/Contemporary Level 2/3	(AT)
5:30-6:30	Hip Hop/Tap Level 2*	(JM)
6:30-7:30	Tap Level 5/6	(JM)
7:30-8:30	Adult Tap - Beg/Int	(JM)

### Thursday

10:00-10:45am	Combo Class A/B - Hip Hop/Jazz (Th)	(AT)
10:45-11:30am	Tumbling Class - Beg. (Age 3-5) (Th)	(AT)
4:30-5:30	Ballet/Jazz Level 1/2 (b)	(JM)
5:30-6:30	Ballet/Jazz Level 2*	(JM)
6:30-7:30	Hip Hop Level 5/6	(JM)
7:30-8:30	Jazz Level 5	(JM)

### Thursday

4:30-5:30	Acro Class - Intermediate (level 2-3)	(DW)
5:30-6:30	Acro Class - Int/Adv (lv 3-6)	(DW)
6:30-7:30	Tap Level 4/5	(DW)
7:30-8:30	Adult Ballet - Beg/Int	(DW)

### Friday

4:00-4:30	Competition Company Rehearsals	
4:30-8:00	Competition Company Rehearsals	

### Friday

4:00-4:30	Training (Stretch/Strength, Leaps/Turns)	(JM)
4:30-8:00	Competition Company Rehearsals	
TBA	Specialty Workshop (rotating master classes)	

### Saturday

9:15-10:15am	Acro Class - Beg./Int. (level 1-3)	(DW)
10:15-3:30	Performance Company Rehearsals	(SR)

### Saturday

9:30-10:15am	Tumbling Class - Beg. (Age 3-6) (Sat)	(AT)
10:15-11:00am	Combo Class A/B - Ballet/Tap (Sat)	(AT)
11:00-3:30	Performance Company Rehearsals	(SR)

## **LEVELS: Class levels are based on a combination of age and ability.**

*Please note that dancers will be evaluated over the 1st few weeks of classes to ensure proper level placement, so adjustments can be made if necessary.*

<b><u>Class Levels 2023 - 2024:</u></b>		
<b><u>Level:</u></b>	<b><u>Age:</u></b>	<b><u>Grade:</u></b>
<b>Combo C:</b>	Age 15month-3yrs "Mommy & Me"	
<b>Combo B:</b>	Age 3-4	
<b>Combo A:</b>	Age 4-5	(Grade: PreK)
<b>1:</b>	Age 5-7	(Grade: K, 1st)
<b>2:</b>	Age 6-8	(Grade: 1st, 2nd)
<b>3:</b>	Age 8-11	(Grade: 3rd, 4th, 5th)
<b>4:</b>	Age 10-14	(Grade: 5th, 6th, 7th, 8th)
<b>5:</b>	Age 12-17 (Grade: 7th, 8th, 9th, 10th, 11th)	
<b>6:</b>	Age 14-18 (Grade: 9th, 10th, 11th, 12th)	
<b>Teen Beg:</b>	Age 11 & Up (for beginning level class)	
<b>Adult:</b>	Age 18 & Up	
<b>*Ballet/Jazz 1/2(a):</b> Dancers who are age 5 should have at least 1 year of a previous Ballet Class to enroll in this class. Dancers new to ballet/jazz should enroll in the Level 1 or 1/2(b) class.		
<b>*Ballet/Jazz 2:</b> Level 2 dancers age 6-8 should have previous ballet/jazz experience to enroll in this class. Level 2 dancers who are new to ballet/jazz should enroll in a Level 1/2 class.		
<b>*Hip Hop/Tap 2:</b> Dancers should have 1 previous year of a Hip Hop/Tap 1/2 class to enroll in this class. Dancers new to Hip Hop/Tap should enroll in the Hip Hop/Tap 1/2 class.		
<b>*Ballet 4-6:</b> Dancers must enroll in and attend Ballet Classes twice a week to enroll in these classes.		
<b>*Beg. Pointe/Pointe:</b> Ballet Classes twice a week and Teacher Approval is required to enroll in these classes		

## **ZOOM INFORMATION (for attending class virtually online):**

**Z1** - "Meeting Number": 444-117-7196

**Z2** - "Meeting Number": 998-179-3244

**Passwords:** Please email the studio at [larochedance@outlook.com](mailto:larochedance@outlook.com) to receive the password.

*\*Zoom is only open when a student is attending that particular class on zoom,*

## **Classes we are looking at adding!:**

**\*Additional Adult Dance & Fitness Classes (Ballet, Tap, & Musical Theater have begun!)**

See the Adult Class Page for more details

**\*Broadway Classes: Vocal/Singing, Acting, & Musical Theater - Dance/Singing Classes**

We plan to start with a Master Class Workshop this Fall!

**\*Please email us if you would be interested in any of these new classes!**

