

# CLASS SCHEDULE: 2022-2023 School Year

## Studio A

## Studio B

### Monday

3:45-4:30	Combo Class B - Ballet/Tap	(MO)
4:30-5:30	Ballet Level 6*	(SR)
5:30-6:30	Ballet Level 5*	(SR)
6:30-7:30	Ballet Level 3	(MO)
7:30-8:30	Jazz Level 3/4	(JM)

### Monday

4:30-5:30	Ballet/Jazz Level 1	(MO)
5:30-6:30	Ballet/Jazz Level 2	(MO)
6:30-7:30	Beginning Pointe*	(SR)

### Tuesday

3:45-4:30	Combo Class A - Ballet/Tap	(AT)
4:30-5:30	Ballet Level 4*	(SR)
5:30-6:30	Ballet Level 5*	(SR)
6:30-7:30	Pointe*	(SR)
7:30-8:30	Jazz Level 6	(JM)

### Tuesday

4:30-5:30	Hip Hop/Tap Level 1/2 (Tue)	(JM)
5:30-6:30	Hip Hop Level 3/4	(JM)
6:30-7:30	Tap Level 3/4	(JM)
7:30-8:30	Teen Beg. Jazz Class (age 11 & up)	(AT)

### Wednesday

9:30-10:15am	Combo Class C "Mommy & Me"	(JM)
10:15-11:00am	Combo Class A/B - Hip Hop/Jazz (W)	(JM)
4:15-5:15	Ballet Level 6*	(SR)
5:15-6:15	Ballet Level 4 / Pre-Pointe*	(SR)
6:15-7:15	Lyrical/Contemporary Level 3/4	(CE)
7:15-8:15	Lyrical/Contemporary Level 5/6	(CE)
8:15-9:15	Adult Ballet - Beg/Int	(CE)

### Wednesday

4:15-5:15	Hip Hop/Tap Level 1/2 (Wed) (a)*	(JM)
5:15-6:15	Lyrical/Contemporary Level 1/2	(CE)
6:15-7:15	Tap Level 5/6	(JM)
7:15-8:15	Adult Tap - Beg/Int	(JM)

### Thursday

10:00-10:45am	Combo Class A/B - Ballet/Tap (Th)	(AT)
10:45-11:30am	Tumbling Class - Beg. (Age 3-5) (Th)	(AT)
4:15-5:15	Ballet/Jazz Level 1/2 (b)	(JM)
5:15-6:15	Ballet/Jazz Level 1/2 (a)*	(JM)
6:15-7:15	Hip Hop Level 5/6	(JM)
7:15-8:15	Jazz Level 5	(JM)

### Thursday

4:30-5:15	Acro-Tumbling Class - Beg/Int (lv 1-3) (Th)(DW)	
5:15-6:15	Acro-Tumbling Class - Int/Adv (lv 3-6) (DW)	
6:15-7:15	Tap Level 4*	(DW)

### Friday

4:00-4:30	Competition Company Rehearsals
4:30-8:00	Competition Company Rehearsals

### Friday

4:00-4:30	Training (Stretch/Strength, Leaps/Turns)	(JM)
4:30-8:00	Competition Company Rehearsals	
TBA	Specialty Workshop (rotating master classes)	

### Saturday

8:45-9:30am	Hip Hop/Tap Level 1/2 (Sa)*	(DW)
9:30-10:15am	Acro-Tumbling Class - Beg/Int (lv 1-3) (Sa)(DW)	
10:15-3:30	Performance Company Rehearsals	(SR)

### Saturday

9:30-10:15am	Combo Class A/B - Hip Hop/Jazz (Sat)	(AT)
10:15-11:00am	Tumbling Class - Beg. (Age 3-6) (Sat)	(AT)
11:00-3:30	Performance Company Rehearsals	(SR)

## **LEVELS: Class levels are based on a combination of age and ability.**

*Please note that dancers will be evaluated over the 1st few weeks of classes to ensure proper level placement, so adjustments can be made if necessary.*

<b>Class Levels 2022 - 2023:</b>		
<b><u>Level:</u></b>	<b><u>Age:</u></b>	<b><u>Grade:</u></b>
<b>Combo C:</b>	Age 15month-3yrs	"Mommy & Me"
<b>Combo B:</b>	Age 3-4	
<b>Combo A:</b>	Age 4-5	(Grade: PreK)
<b>1:</b>	Age 5-7	(Grade: K, 1st)
<b>2:</b>	Age 6-8	(Grade: 1st, 2nd)
<b>3:</b>	Age 8-11	(Grade: 3rd, 4th, 5th)
<b>4:</b>	Age 10-13	(Grade: 5th, 6th, 7th)
<b>5:</b>	Age 12-16	(Grade: 7th, 8th, 9th, 10th)
<b>6:</b>	Age 14-18	(Grade: 9th, 10th, 11th, 12th)
<b>Teen Beg:</b>	Age 11 & Up (for beginning level class)	
<b>Adult:</b>	Age 18 & Up	

\***Ballet/Jazz 1/2(a):** Dancers who are age 5 should have at least 1 year of a previous Ballet Class to enroll in this class. Dancers age 5 who are new to ballet should enroll in the Level 1 class.

\***Hip Hop/Tap 1/2 (a):** Dancers should have 1 previous year of the Hip Hop/Tap 1/2 class to enroll in this class. Dancers new to Hip Hop/Tap 1/2 should enroll in the (Tue) or (Sa) class.

\***Tap 4:** This class is for Level 4 dancers who are proficient in Tap. Level 4 dancers who are newer to Tap should enroll in the Tap 3/4 class.

\***Ballet 4-6:** Dancers must enroll in and attend Ballet Classes twice a week to enroll in these classes.

\***Beg. Pointe/Pointe:** Ballet Classes twice a week and Teacher Approval is required to enroll in these classes

## **ZOOM INFORMATION (for attending class virtually online):**

**Z1** - "Meeting Number": 444-117-7196

**Z2** - "Meeting Number": 998-179-3244

**Passwords:** Please email the studio at [larochedance@outlook.com](mailto:larochedance@outlook.com) to receive the password.

*\*Zoom is only open when a student is attending that particular class on zoom,*

## **Classes we are looking at adding!:**

\*Additional Adult Dance & Fitness Classes (Ballet & Tap have begun!)

See the Adult Class Page for more details

\*Broadway Classes: Vocal/Singing, Acting, & Musical Theater - Dance/Singing Classes

We plan to start with a Master Class Workshop this Fall!

**\*Please email us if you would be interested in any of these new classes!**

